

Appendix Table 4. Criteria for Interventions Judged to Be Relevant or Feasible to Primary Care

Variable	Criteria
Whom targeted?	Involve individual-level identification of being a patient or being in need of intervention
Who delivered?	Usually involve primary care clinicians (physicians in family practice, internal medicine, obstetrics-gynecology, pediatrics, general practitioner); other physicians, nurses, nurse practitioners, physician assistants, or related clinical staff (dietitians, health educators, other counselors) in a direct or indirect way; or, at least, the participant would see the intervention as connected to the health care system
How delivered?	To individuals or in small groups (≤ 15 persons); does not involve only or primarily group-level interventions outside the primary care setting to achieve behavioral changes; generally involves no more than 8 group sessions, and an intervention period no longer than 12 months
Where delivered?	Could be delivered anywhere (including via the Web, interactive technologies, and in the home) if linked to primary care as above