

CONTENTS *Annals of Internal Medicine*

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ARTICLES

Alcohol Consumption and Risk for Congestive Heart Failure in the Framingham Heart Study 181

C.R. Walsh, M.G. Larson, J.C. Evans, L. Djousse, R.C. Ellison, R.S. Vasan, and D. Levy

In the community, alcohol consumption is not associated with increased risk for congestive heart failure, even among heavy drinkers (≥ 15 drinks/wk in men and ≥ 8 drinks/wk in women). To the contrary, when consumed in moderation, alcohol appears to protect against congestive heart failure.

The Effect of Controlled Drinking in Alcoholic Cardiomyopathy 192

J.M. Nicolás, J. Fernández-Solà, R. Estruch, J.C. Paré, E. Sacanella, A. Urbano-Márquez, and E. Rubin

In patients with alcoholic cardiomyopathy, both abstinence and controlled drinking of up to 60 g of ethanol per day (four standard drinks) helped promote improvement in cardiac function.

Dietary Patterns and Risk for Type 2 Diabetes Mellitus in U.S. Men 201

R.M. van Dam, E.B. Rimm, W.C. Willett, M.J. Stampfer, and F.B. Hu

A western dietary pattern (characterized by higher consumption of red and processed meat, high-fat dairy products, and sweets) is associated with a substantially increased risk for type 2 diabetes in men.

BRIEF COMMUNICATION

Delayed-Onset Heparin-Induced Thrombocytopenia 210

L. Rice, W.K. Attisha, A. Drexler, and J.L. Francis

Delayed-onset heparin-induced thrombocytopenia is increasingly being recognized. To avoid disastrous outcomes, physicians must consider heparin-induced thrombocytopenia whenever a recently hospitalized patient returns with thromboembolism; therapy with alternative anticoagulants, not heparin, should be initiated.

ACADEMIA AND CLINIC

Chiropractic: A Profession at the Crossroads of Mainstream and Alternative Medicine 216

W.C. Meeker and S. Haldeman

The authors examine the development of chiropractic from humble and contentious beginnings to its current state at the crossroads of alternative and mainstream medicine. The

future role of chiropractic will probably be determined by its commitment to interdisciplinary cooperation and science-based practice.

REVIEW

Evaluation and Management of HIV-Infected Women 228

A.M. Levine

This case-based review discusses various aspects of evaluating and treating HIV-infected women, including gynecologic infections at presentation, baseline tests, initiation of antiretroviral therapy, and risk for cervical intraepithelial neoplasia.

PERSPECTIVE

Medical Professionalism in the New Millennium: 243

A Physician Charter

Project of the ABIM Foundation, ACP-ASIM Foundation, and European Federation of Internal Medicine

To maintain the fidelity of medicine's social contract during this turbulent time, we believe that physicians must reaffirm their active dedication to the principles of professionalism, which entails not only their personal commitment to the welfare of their patients but also collective efforts to improve the health care system for the welfare of society. This Charter on Medical Professionalism is intended to encourage such dedication.

EDITORIAL

Stirred, Not Shaken 247

J. Wynne

Given the widespread use of alcoholic beverages in the western world, let us hope that the provocative studies by Walsh and Nicolás and their colleagues reported in this issue will stir researchers to gain further understanding of the cardiovascular effects of alcohol.

AD LIBITUM

Urban Birds 191

G.N. Braman

Continued on page I-2

ON BEING A DOCTOR

Emergency 250

R.A. Carson

As I cross through the trauma center garage where I park my car, on the ground floor beneath the helipad, a man approaches me, disheveled, emaciated, his eyes a little wild. I try to seem nonchalant, but I'm no longer preoccupied with anything but my immediate surroundings. I'm focused. The man has my attention.

LETTERS

Sponsorship, Authorship, and Accountability 251

A.F. Holmer; CRO Consortium; International Committee of Medical Journal Editors

Low-Dose Thiazide and Bone Density 252

H.K. Kamel; A.Z. LaCroix and S.M. Ott

Correction: Adherence to Protease Inhibitor Therapy and Outcomes in Patients with HIV Infection 253

Correction: Blood Flow to the Heart during the Menstrual Cycle 253

MEDICAL WRITINGS

The Landscape and Lexicon of Blinding in Randomized Trials 254

K.F. Schulz, I. Chalmers, and D.G. Altman

Beyond the general understanding of blinding in medical research lies confusion. The authors delve into the landscape and lexicon of blinding in randomized trials in the hope of untangling some of the confusing terminology currently in use.

Book Notes 260

Cover photograph by Joan Jasak

Subscription Information I-3

Information for Authors I-4