

CONTENTS *Annals of Internal Medicine*

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ARTICLES

Sex Differences in 2-Year Mortality after Hospital Discharge for Myocardial Infarction 173

V. Vaccarino, H.M. Krumholz, J. Yarzebski, J.M. Gore, and R.J. Goldberg

Younger, but not older, women who survive hospitalization for myocardial infarction have a higher long-term mortality rate than men. This finding provides additional evidence that younger women who sustain a myocardial infarction are at greater risk for death than men.

Cardiovascular Disease and Mortality in Older Adults with Small Abdominal Aortic Aneurysms Detected by Ultrasonography: The Cardiovascular Health Study 182

A.B. Newman, A.M. Arnold, G.L. Burke, D.H. O'Leary, and T.A. Manolio

Total mortality, cardiovascular disease mortality, and rate of incident cardiovascular disease were higher in patients with abdominal aortic aneurysm than in those without aneurysm, independent of age, sex, other clinical cardiovascular disease, and extent of atherosclerosis detected by noninvasive testing.

Subcutaneous Enoxaparin Once or Twice Daily Compared with Intravenous Unfractionated Heparin for Treatment of Venous Thromboembolic Disease 191

G. Merli, T.E. Spiro, C.-G. Olsson, U. Abildgaard, B.L. Davidson, A. Eldor, D. Elias, A. Grigg, D. Musset, G.M. Rodgers, A.A. Trowbridge, R.D. Yusen, and K. Zawilska, for the Enoxaparin Clinical Trial Group

Subcutaneous enoxaparin given once or twice daily is as effective and safe as dose-adjusted, continuously infused unfractionated heparin for preventing recurrent symptomatic venous thromboembolic disease.

BRIEF COMMUNICATION

Inhaled Human Insulin Treatment in Patients with Type 2 Diabetes Mellitus 203

W.T. Cefalu, J.S. Skyler, I.A. Kourides, W.H. Landschulz, C.C. Balagtas, S.-L. Cheng, and R.A. Gelfand, for the Inhaled Insulin Study Group

Pulmonary delivery of insulin in patients with type 2 diabetes who require insulin improved glycemic control, was well tolerated, and demonstrated no adverse pulmonary effects.

ACADEMIA AND CLINIC

Life after Death: A Practical Approach to Grief and Bereavement 208

D. Casarett, J.S. Kutner, and J. Abraham, for the End-of-Life Care Consensus Panel

This consensus paper describes the essential skills that clinicians need to help persons who are experiencing grief after the death of a loved one. Four aspects of the grieving process are reviewed: anticipatory grief, acute grief, normal grief reactions, and complicated grief.

UPDATE

Update in Hepatology 216

W.C. Maddrey

This Update discusses some important aspects of the history of viral hepatitis and hemochromatosis and describes notable new reports that may help guide an internist's approach to patients with these liver diseases.

REVIEW

Thrombus Formation on Atherosclerotic Plaques: Pathogenesis and Clinical Consequences 224

U. Rauch, J.I. Osende, V. Fuster, J.J. Badimon, Z. Fayad, and J.H. Chesebro

Long-term treatment with potent antithrombotic drugs, such as tissue factor or factor Xa inhibitors, that effectively block thrombosis without causing bleeding complications could help reduce death from cardiovascular disease.

EDITORIALS

Increased Mortality among Middle-Aged Women after Myocardial Infarction: Searching for Mechanisms and Solutions 239

J.Z. Ayanian

Amid growing efforts to understand and improve the treatment of heart disease in women, Vaccarino and colleagues, in this issue, provide sobering evidence regarding the adverse long-term consequences of acute myocardial infarction in middle-aged women.

Continued on page I-2

Inhaled Insulin for Type 2 Diabetes: Solution or Distraction?	242	The Informationist	251
D.M. Nathan		D.B. Root Jorgensen; S. Sandroni; B. Houghton and E.C. Rich; M.J. Schott; F. Davidoff and V. Florance	
In this issue, Cefalu and colleagues report findings from a 3-month study of inhaled insulin in patients with type 2 diabetes. Can we draw any conclusions about this method of delivering insulin, considering the absence of a control group in this study?		Serum Homocysteine and Stroke in Atrial Fibrillation	253
AD LIBITUM		H.S. Friedman	
I'm Grateful for Breakfast	202	Celecoxib-Induced Cholestatic Hepatitis	254
J. Coulehan		M.V. Galan, S.C. Gordon, and A.L. Silverman	
PERSONAE		Correction: Bioprosthetic Valve Degeneration	254
Photograph by R.C. Brown	245	MEDICAL WRITINGS	
ON BEING A PATIENT		The Remains of the Profession, or What the Butler Knew	255
Reflections on a Death	246	E.S. More	
T. Tsomides		<i>The Remains of the Day</i> , the brilliant novel by Kazuo Ishiguro, reminds us, physicians and health care organizations alike, that no matter what the setting or the institutional constraints, authentic professionalism in the broadest sense cannot abrogate its core duties: to make sound and ethical judgments and to acknowledge the responsibility for having made them.	
As a resident in internal medicine at a 600-bed teaching hospital, I have cared for many dying patients and their families. But nothing could have prepared me for the experience of taking care of my dying father or taught me more about the art of medicine.		Book Notes	260
LETTERS		Subscription Information I-3	
Cost-Effectiveness of Sildenafil	249	Information for Authors I-4	
J. Beard; P.W. Groeneveld and B.W. Duncan; R.L. Siegel and D.B. Glasser; K.J. Smith and M.S. Roberts		Authors' Form I-8	