

Annals of Internal Medicine

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Low Cardiorespiratory Fitness and Physical Inactivity as Predictors of Mortality in Men with Type 2 Diabetes 605

M. Wei, L.W. Gibbons, J.B. Kampert, M.Z. Nichaman, and S.N. Blair

Low cardiorespiratory fitness and physical inactivity were found to be independent predictors of all-cause mortality in men with type 2 diabetes. Physicians should encourage patients with this disease to participate in regular physical activity and improve their cardiorespiratory fitness.

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R.E. Rudolph, T.L. Vaughan, B.E. Storer, R.C. Haggitt, P.S. Rabinovitch, D.S. Levine, and B.J. Reid

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